FFSC Workshops have gone virtual.
Save the date! Attend from anywhere.

Your Navy Region Southeast Team has got you covered!

August 1, 2024, 11:00 EDT: From Boots to Briefcases
Facilitator: Michele Murphy, FFSC JRB New Orleans

August 2, 2024 10:00 a.m. EDT: Using AI to Build Resumes
Facilitator: Tito Perez, FFSC NAS Corpus Christi

August 5, 2024, 12:00 noon EDT: Stress Management
Facilitator: Ora Millard, FFSC JRB Ft. Worth

August 6, 2024, 10:00 a.m. EDT: Understanding Anger
Facilitator: Edie Limardo, FFSC NS Mayport

August 8, 2024, 2:00 a.m. EDT: Emergency Preparedness
Facilitator: Michele Murphy, FFSC JRB New Orleans

August 9, 2024, 12:00 noon EDT: Anger Management
Facilitator: Ora Millard, FFSC JRB Ft. Worth

August 13, 2024, 10:00 a.m. EDT: Stress Management
Facilitator: Edie Limardo, FFSC NS Mayport

August 13, 2024, 11:00 a.m. EDT: Resume Writing & Cover Letters Simplified
Facilitator: Diane Brown, FFSC NSA Mid-South

August 14, 2024, 10:00 a.m. EDT: Success Under Stress: Stress is an Everyday Occurrence! Facilitator: Michele Murphy, FFSC JRB New Orleans

Space is limited. Register early on the CNIC Learning Management System (LMS):
MyNavyFamily.com or

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August 14, 2024, 12:00 noon EDT: Raising Siblings
Facilitator: Lisa Phillips, FFSC JRB New Orleans

August 15, 2024, 12:30 p.m. EDT: The Basics of Special Education and IDEA
Facilitator: Ginger Manley, FFSC NAS Pensacola

August 15, 2024, 2:00 p.m. EDT: Innovative Interviewing
Facilitator: Diane Brown, FFSC NSA Mid-South

August 15, 2024, 1:00 p.m. EDT: What About the Kids?
Facilitator: Edie Limardo, FFSC NS Mayport

August 20, 2024, 11:00 a.m. EDT: Let's Get Financially Fit!
Facilitator: Michele Murphy, FFSC JRB New Orleans

August 26, 2024, 2:00 p.m. EDT: LinkedIn and How to Make it Work for You
Facilitator: Tiffany Setaro, FFSC JRB New Orleans

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