



APRIL

EVENTS

AQUATIC CENTER 817-782-1220

Swim Lessons: Now accepting youth and adults for swim lessons.

Swim Club: Receive a fun, low-impact workout based on your aquatic fitness level and swimming ability.

For more information, stop by the Aquatic Center, bldg. 3319, or call 817-782-1220

AUTO SKILLS 817-782-6375

Auto Skills is BACK!!! Rent a bay and work on your vehicle. Tools and equipment available for use.

Mondays: Closed

Tuesdays: 11:30AM - 6:30PM

Wednesdays: 11:30AM - 6:30PM

Thursdays: 10:30AM - 6:30PM

Fridays: 10:30AM - 6:30PM

Saturdays: 8:00AM - 6:00PM

Sundays: Closed



LIBRARY 817-782-7735

Tuesdays at 10:30 AM - **Full STEAM Ahead**

Join us to jump-start early literacy skills for toddlers and preschoolers.

Wednesdays at 10:30 AM - **Toddler Playgroup**

Unstructured playtime for toddlers, while allowing parents and caregivers a chance to connect with each other. For more information, call 817-782-7735

TICKETS AND TRAVEL 817-782-6121

Disney Discounts: The 2024 Disney Military Discount tickets have arrived. Scan the QR code to learn more.



American Forces Travel: Enjoy discounted rates on hotels, airfare, car rentals, and cruises. Scan the QR code to learn more.

MWR has great discounts on many local and national tourist destinations. Stop by bldg. 3328 or call 817-782-6121



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PECAN PLANTATION



MILITARY PERFORMERS FEATURING THE BLUE ANGELS
CIVILIAN PERFORMERS
STATIC DISPLAYS
KID ZONE
VENDORS

For more information and to reserve your free parking pass (REQUIRED), please visit the Air Show website

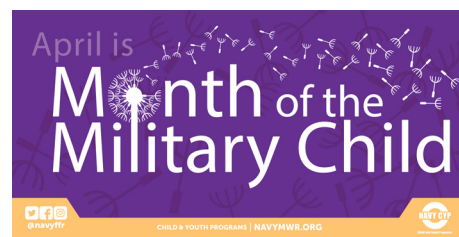
www.WingsOverCowtown.com

CHILD DEVELOPMENT CENTER 817-782-6037



APRIL is the Month of the Military Child

Navy Child and Youth Programs will be kicking off the Month of the Military Child with our annual Month of the Military Child Parade on Friday, April 5 at 2:45PM. The children and families from our base Child Development Center will parade from Sesame Street, east on Hensley, and North on Carswell before returning to the center. Please come out and support our children and families during this kick off event for Month of the Military Child!





2024 CAPTAIN'S CUP

How does your command stack up against the rest of the base? Let's find out in the 2024 Captain's Cup Competition. This year-long event is open to active duty and reservists of all NAS JRB Fort Worth commands and branches, and is a fun way to compete together in a variety of sports and activities. Dependents, DoD employees, and civilians are permitted to play with some restrictions.

The winning team for each competition will receive Captain's Cup Championship t-shirts and earn points toward the end-of-year Championship trophy. The winning unit for the year will enjoy not only bragging rights, but also the privilege of displaying the Captain's Cup Trophy in their work area.

2023 Captain's Cup Champions = NRC

This year's competition includes eleven competitions, including basketball, softball, and flag football leagues. Captain's Cup is a great way to build unit camaraderie, improve your fitness, AND have fun. Start getting your team together now, and get ready for an awesome year of team competition!

Register now at the Fitness Center for the Captain's Cup Softball League. Games are played Tuesdays, Wednesdays, and Thursdays starting April 2.

Scan the QR code for the 2024 Captain's Cup Schedule



For more information, please contact the Sports Coordinator at 817-782-1270 or email cnicseftwomwr-fitnesscenter@us.navy.mil



AND MORE...

Movie Reel: Showings every Friday-Sunday
For the schedule of movies, scan the QR code or call 817-782-6037. Movie Reel is bldg. 1845, next to Ten Bowling Center.



Fitness Classes: ENROLL NOW - Scan the QR code to register or stop by the Fitness Center, bldg. 1810, to learn more.



100 Mile and 500 Mile Run Clubs: A year-long activity. Record your runs and turn your stats in to be recorded on our leader board. Participants in the 500 Mile Club will be able to run, bike, swim, row, and hike the distance.

Lone Star Community Center: Venue is available for receptions, dining in, meetings, and conferences. To make an appointment, call 817-782-6121 or email cnicseftwomwr-lonestar@us.navy.mil Lone Star is bldg. 2570, across the street from the Chapel.

Equipment Rentals: Includes kayaks, bikes, tables, and chairs Community Recreation, call 817-782-5519, bldg.3328.

Bowling Center: Open everyday with \$1 Games Monday through Thursday. Cosmic Bowling on Saturday nights. WE ALSO OFFER SPECIAL RATES FOR SQUADRON TEAM BUILDING EVENTS! For more information, call 817-782-6122, bldg. 1815.

Bowling Center Grill: A full menu for breakfast and lunch, served 7:00 AM to 2:00 PM. After 2:00 PM, pizza and hot dogs are available. For more information, call 817-782-5505, bldg. 1815.

Liberty: Activities for single service members and geo-bachelors. For more information, scan the QR code, call 817-782-3175, or stop by the staff desk in bldg. 1566.



Resale Lot: Sell your car, RV, or other vehicle. See Community Rec in bldg. 3328 or call 817-782-6121

Child Development Center: Quality childcare and great rates. Visit www.MilitaryChildcare.com or call 817-782-7520, bldg. 3320

School Age Care: Educational and fun before and after-school activities. 817-782-7566, bldg. 1145.



NEXT MONTH...

MWR LUAU, sponsored by USAA

MAY 17 at Lakeside Park

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