



FEBRUARY

EVENTS

LONE STAR CENTER 817-782-5293

"Death of a Gangster" Murder Mystery Dinner

February 9 at Lone Star Center, bldg. 2570. Doors open at 6:30 PM, show starts at 7:00 PM. Open to anyone with base access, 18 years and older. \$45 per person includes buffet dinner, photo booth, and more. Adult beverages sold separately. Come dressed in your best 1920's attire as there will be a contest (with prizes) for best dressed man, woman, and couple. Register a table of 8 people and receive 2 free bottles of wine for your table. Tickets required and available for purchase through February 5 at Community Recreation, bldg. 3328. For more information, call 817-782-5293 or 817-782-6121



LIBRARY 817-782-7735

Tuesdays at 10:30 AM - **Full STEAM Ahead**

Join us to jump-start early literacy skills for toddlers and preschoolers.

Wednesdays at 10:30 AM - **Toddler Playgroup**

Unstructured playtime for toddlers, while allowing parents and caregivers a chance to connect with each other. For more information, call 817-782-7735

AQUATIC CENTER 817-782-1220

Swim Into Spring Challenge: Record your swimming distance through April 6 and become eligible to win prizes. Open to swimmers of all levels and anyone with base access. Fee: \$4.00. **Lap Swim** is available every day with no reservation. For more information, stop by the Aquatic Center, bldg. 3319, or call 817-782-1220

TICKETS AND TRAVEL 817-782-6121

Disney Discounts: The 2024 Disney Military Discount tickets have arrived. Scan the QR code to learn more.



American Forces Travel: Enjoy discounted rates on hotels, airfare, car rentals, and cruises. Scan the QR code to learn more.



MWR has great discounts on many local and national tourist destinations. Stop by bldg. 3328 or call 817-782-6121

MWR presents.....



"Death of a Gangster"

A 1920'S MAFIA MARRIAGE MURDER MYSTERY DINNER

This show will have you in stitches... especially if you're a snitch!

February 9, 2024

Must purchase tickets by February 5

Lone Star Center

Open to anyone with base access



Join the Dunn family for the mafia wedding of the century!

Wear your best 1920's wedding attire for the Don and his goons.
("Best Dressed" Contest with prizes for men, women, and couples)

Doors open at 6:30 PM
Show starts at 7:00 PM

Lone Star Center Ballroom, bldg 2570

Open to anyone with base access, 18 and older

For more information, please call 817-782-5293

Purchase tickets at Community Recreation, bldg. 3328, by February 5

\$45 per person includes a buffet dinner, photo booth, and more (Adult beverages sold separately)

Book a table for 8, receive 2 free bottles of wine

FITNESS CENTER 817-782-7770



February 9 - Run Your Heart Out 5k

The first run in the 2024 Race Series to crown the male and female 2024 Runner of the Year. This run will start and finish at the Aquatic Center / Football Field parking lot. Register by 10:45 AM on race day. The run will start at 11:00 AM. Run Your Heart Out 5k is free and open to anyone with base access. For More information, stop by the Fitness Center or call 817-782-7770

MOVIE REEL 817-782-6037

FREE MOVIE: ADVANCE SCREENING

"Land Of Bad" - Rated R

February 10 at 4:00 PM

Free to anyone with base access. Seating available on first come, first served basis.



Lots more on the other side!





2024 CAPTAIN'S CUP

How does your command stack up against the rest of the base? Let's find out in the 2024 Captain's Cup Competition. This year-long event is open to active duty and reservists of all NAS JRB Fort Worth commands and branches, and is a fun way to compete together in a variety of sports and activities. Dependents, DoD employees, and civilians are permitted to play with some restrictions.

The winning team for each competition will receive Captain's Cup Championship t-shirts and earn points toward the end-of-year Championship trophy. The winning unit for the year will enjoy not only bragging rights, but also the privilege of displaying the Captain's Cup Trophy in their work area.

2023 Captain's Cup Champions = NRC

This year's competition includes eleven competitions, including basketball, softball, and flag football leagues.

Captain's Cup is a great way to build unit camaraderie, improve your fitness, AND have fun. Start getting your team together now, and get ready for an awesome year of team competition!

Register now at the Fitness Center for the Captain's Cup Basketball League. Games are played Tuesdays, Wednesdays, and Thursdays starting February 27. Registration deadline is February 22.

Scan the QR code for the 2024 Captain's Cup Schedule



For more information, please contact the Sports Coordinator at 817-782-1270 or email cnicseftwomwr-fitnesscenter@us.navy.mil



AND MORE...

Movie Reel: Showings every Friday-Sunday

For the schedule of movies, scan the QR code or call 817-782-6037. Movie Reel is bldg. 1845, next to Ten Bowling Center.



Fitness Classes: ENROLL NOW - Stop by the Fitness Center, bldg. 1810, to learn more.

100 Mile and 500 Mile Run Clubs: A year-long activity.

Record your runs and turn your stats in to be recorded on our leader board. Participants in the 500 Mile Club will be able to run, bike, swim, row, and hike the distance.

Lone Star Community Center: Venue is available for receptions, dining in, meetings, and conferences. To make an appointment, call 817-782-6121 or email cnicseftwomwr-lonestar@us.navy.mil Lone Star is bldg. 2570, across the street from the Chapel.

Bowling Center: Open everyday with \$1 Games Monday through Thursday. Cosmic Bowling on Saturday nights. WE ALSO OFFER SPECIAL RATES FOR SQUADRON TEAM BUILDING EVENTS! For more information, call 817-782-6122, bldg. 1815.

Bowling Center Grill: A full menu for breakfast and lunch, served 7:00 AM to 2:00 PM. After 2:00 PM, pizza and hot dogs are available. For more information, call 817-782-5505, bldg. 1815.

Equipment Rentals: Includes kayaks, bikes, tables, and chairs Community Recreation, call 817-782-5519, bldg.3328.

Liberty: Activities for single service members and geo-bachelors. For more information, scan the QR code, call 817-782-3175, or stop by the staff desk in bldg. 1566.



Resale Lot: Sell your car, RV, or other vehicle. See Community Rec in bldg. 3328 or call 817-782-6121

Auto Skills: COMING SOON



Child Development Center: Quality childcare and great rates. Visit www.MilitaryChildcare.com or call 817-782-7520, bldg. 3320.

School Age Care: Educational and fun before and after-school activities. 817-782-7566, bldg. 1145.

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