

INFORMATION SHEET

2022

3-POINT CHALLENGE



08 December, 1630-1900

Fitness Center, building 1810

<p>Registration Deadline: 06 December at 1800</p> <p>Check-in Time: 1600-1830</p> <p>Competition Time: 1630-1900</p> <p>Requirements:</p> <ul style="list-style-type: none">- Online Registration- Individual Participant Liability Waivers- ALL players vaccinated <p>Awards: Trophy for top 2 finishers</p>	<p>Rules & Format:</p> <ul style="list-style-type: none">- 5 regulation Mens balls at three shooting stations - 15 balls total, including 3 bonus balls- Players have 75 seconds to shoot 15 balls- Both feet must be behind 3-pt arch when shooting- Players will be allowed a brief period of warm-up prior to shooting- 1 point per make with 1 bonus point for each bonus ball made (1 bonus ball per station)- One attempt per person, highest score for the day wins- Ties broken by # of shots made without bonus points
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Register at: <https://nasjrbfortworthmwrfitness.as.me/schedule.php>

The Intramural Sports Program, Challenges, and 5K Races are open to active duty personnel, ready reservists, and non-active duty.

Non-active duty (active and reservist dependents aged 16 and over, retirees, GS employees, DOD and permanent contracted personnel onboard NAS Fort Worth JRB, including tenant commands, units, staffs and departments) are also allowed to participate.

DOD I.D. cards must be presented prior to playing in any scheduled events. Contractors must purchase a gym membership to be eligible to participate.