

Mini Warriors Try 2 Tri Triathlon

Saturday, July 23 • 8am-11am • BLDG 3319 Base Pool and Track

For all military children up to 14 years

It is recommended that your children train for this event!

All biking and running miles count towards the goals set for the Mini Warriors Summer Program



MUST pre-register online at goo.gl/sorpww

SWIM

6 years and under
25m (2 widths of pool)
7-14 years
50m (2 lengths of pool)

Questions?

Please call (386) 562-6352
or email strollerwarriorsfortworth@gmail.com



All children that have not passed base swim test prior to event must have parent swim alongside them and must wear a USCG approved life vest. Please see lifeguards at Aquatic Center BLDG 3319 with any questions regarding the vest or if you would like to have your child complete the swim test prior to the event

BIKE



6 years and under
1/4 mile (1 lap around track)
7-14 years
1/4 mile (1 lap around track)

Bring your own bike, all bikes welcome both with and without training wheels. MUST WEAR HELMET!

RUN



6 years and under
1/4 mile (1 lap around track)
7-14 years
1/2 mile (2 laps around track)

Race Day Details

7:30am

Registration open and number marking and transition area open for set up (Registration may be done in advance at any Stroller Warriors® Fort Worth workout event)

8:00am

Race Brief

8:15am

Race begins, oldest group first

11:00am

Race Completion Congratulation

