



CAPTAIN'S CUP 2019 SPORTS SCHEDULE



Cody Farrell, Sports Coordinator

Office: (817) 782-1270 • Cell: (307) 214-6775

e-mail: cody.m.farrell@navy.mil

Basketball

Deadline to Enter: 1600, 07, Jan 19
Coaches Meeting: 1300, 11, Jan 19
Schedule Pick-Up: 1300, 11, Jan 19
League Starts: 1700, 15, Jan 19

Cowtown Half Marathon

Deadline to Enter: 1600, 15, Feb 19
Team Deadline: 1600, 15, Feb 19
Race Starts: 0730, 23, Feb 19

6 on 6 Soccer

Deadline to Enter: 1600, 04, Mar 19
Coaches Meeting: 1300, 08, Mar 19
Schedule Pick-Up: 1300, 08, Mar 19
League Starts: 1700, 12, Mar 19

Bowling Tournament

Deadline to Enter: 1600, 01, Apr 19
Tournament Starts: 1700, 05, Apr 19

Spring Softball

Deadline to Enter: 1600, 01, Apr 19
Coaches Meeting: 1300, 05, Apr 19
Schedule Pick-Up: 1300, 05, Apr 19
League Starts: 1700, 09, Apr 19

Racquetball Tournament

Deadline to Enter: 1600, 11, Jun 19
Tournament Starts: 1700, 25, Jun 19

Volleyball

Deadline to Enter: 1600, 15, Jul 19
Coaches Meeting: 1300, 19, Jul 19
Schedule Pick-Up: 1300, 19, Jul 19
League Starts: 1700, 23, Jul 19

Captain's Cup 5K

Deadline to Enter: 1600, 08, Aug 19
Registration: 0645, 09, Aug 19
Race Begins: 0715, 09, Aug 19

Flag Football (7 v 7)

Deadline to Enter: 1600, 02, Sep 19
Coaches Meeting: 1300, 06, Sep 19
Schedule Pick-Up: 1300, 06, Sep 19
League Starts: 1700, 10, Sep 19

Corn Hole Tournament

Deadline to Enter: 1600, 25, Oct 19
Tournament Starts: 1700, 01, Nov 19

Tennis Tournament

Deadline to Enter: 1300, 11, Nov 19
Tournament Starts: 1700, 19, Nov 19

Eligible to participate in all Captain's Cup Events:

DOD/ NAF Employees, Active Duty, Reservists, Retirees.
Contractors must purchase \$4 daily membership to the
Fitness Center to be eligible to participate.

****Use this only as a guide. All dates and times are subject to change****



WWW.NAVYMWRFORTWORTH.COM

/NASFWMWR

Search "Navy MWR Fort Worth"
 Download on the App Store GET IT ON Google Play