

2020 MWR OLYMPICS

OLYMPIC THEMED EVENTS

OLYMPIC SPIN CHALLENGE

Challenge Opens: 1130, 01, Jan 20
Challenge Closes: 1130, 31, Jan 20

BARBELL CLUB (OLYMPICLIFTING)

Event Starts: 1600, 03, Feb 20

OLYMPIC TRACK & FIELD

Challenge Opens : 0730, 01, Mar 20
Event Begins: 1700, 19, Mar 20

ROWING CHALLENGE

Challenge Starts: 0730, 01, Apr 20
Challenge Closes: 0730, 01, May 01

MWR SPRINT TRIATHLON

Registration: 1100, 01, May 30
Race Starts: 1130, 01, May 30

MWR MINI TRIATHLON

Deadline to Enter: 1600, 27, May 20
Registration: 0800, 30, May 20
Race Starts: 0900, 30, May 20

TACTICAL ATHLETE CHALLENGE TAC

Registration: 1100, 12, Jun 20
Race Starts: 1130, 12, Jun 20

OLYMPIC SWIM CHALLENGE

Challenge Opens: 0600, 01, July 20
Event Starts: 1130, 25, July 20

OLYMPIC GOLF CHALLENGE

Registration: 1130, 01, Aug 20
Race Starts: 1500, 17, Aug 20



9/11 MEMORIAL DAY RUN

Registration: 1100, 11, Sep 20
Race Starts: 1130, 11, Sep 20

SQUATOBER (SQUAT CHALLENGE)

Challenge Starts: 0730, 01, Oct 20
Challenge Closes: 2000, 31, Oct 20

NAVY BIRTHDAY 5K

Registration: 1100, 23, Oct 20
Race Starts: 1130, 23, Oct 20

VIRTUAL TURKEY TROT

Event Starts: 1100, 02, Nov 20
Event Drawing: 1130, 20, Nov 20

DEADCEMBER (DEADLIFT CHALLENGE)

Challenge Starts: 0730, 01, Dec 20
Challenge Closes: 2000, 30, Dec 20

OLYMPIC ELIGIBILITY

Open to all DoD Card Holders aboard NAS JRB Fort Worth

QUESTIONS & REGISTRATION

Fitness Coordinator:

James Nelson

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Use this only as a guide. All dates and times are subject to change



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