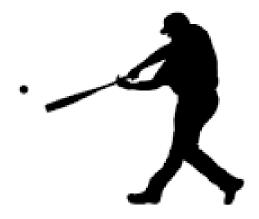
## **INFORMATION SHEET**

# 2022 HOMERUN DERBY



# 27 September, 1600-1900

### Softball Field #1

Check-in Time: Anytime between 1530 and 1830 at Softball Field #1

Competition Time: Between 1630 and 1900

#### Requirements:

- Individual Participant Liability Waivers
- ALL players vaccinated
- Open to all with base access

Awards: Trophy for top 2 finishers

#### Rules & Format:

- Batters have max of 10 minutes to hit as may homeruns as they can before getting 10 outs
- An "out" is a pitched ball where contact is made but the ball is not hit for a homerun
- No penalty for a swing and miss
- One attempt per person, highest score for the day wins
- BYOP = Bring Your Own Pitcher
- 5 warm-up pitches allowed
- MWR provides the softballs
- Bats: USA Softball, ASA, USSSA certified (any year)

Register at: https://nasjrbfortworthmwrfitness.as.me/schedule.php

The Intramural Sports Program, Challenges, and 5K Races are open to active duty personnel, ready reservists, and non-active duty.

**Non-active duty** (active and reservist dependents aged 16 and over, retirees, GS employees, DOD and permanent contracted personnel onboard NAS Fort Worth JRB, including tenant commands, units, staffs and departments) are also allowed to participate.

DOD I.D. cards must be presented prior to playing in any scheduled events. <u>Contractors must purchase a gym</u> <u>membership to be eligible to participate.</u>

Email: FTWO.MWR.Fitness@navy.mil call: 817-782-1270 Fitness Center, Building 1810