### **INFORMATION SHEET**

# 2022 CAPTAIN'S CUP VOLLEYBALL LEAGUE



## 02 AUGUST – 25 AUGUST

Games played Tuesday and Thursday afternoons

Registration Deadline: 25 July at 1800	<ul> <li>Rules &amp; Format: <ul> <li>6v6</li> <li>Number of games determined by number of teams registered. League season and play-offs</li> <li>Minimum team roster 6, no maximum</li> <li>Commands may enter multiple teams</li> <li>Players may only play on one team for season and play-offs</li> <li>NFHS Rules with some modifications, including <ul> <li>"Rally" scoring in each game to 25</li> <li>The first team to win two games wins the match</li> </ul> </li> </ul></li></ul>
<ul> <li>Online Team Registration</li> <li>Team Roster</li> <li>Individual Participant Liability Waivers</li> <li>ALL players vaccinated</li> </ul>	
<b>Mandatory</b> Team Captains Meeting: 27 July at 1100 NOFFS Zone Classroom in Ten Bowling Center, bldg. 1815	
Awards: Captain's Cup Championship Shirts	

#### Register at www.IMLeagues.com/FortWorth

The Captain's Cup Sports Program is established for **active duty personnel and ready reservists** to represent their present unit/department/command in a series of sports and activities throughout the year.

**Non-active duty** (active and reservist dependents aged 16 and over, retirees, GS employees, DOD and permanent contracted personnel onboard NAS Fort Worth JRB, including tenant commands, units, staffs and departments) are also allowed to participate in CAPTAIN'S CUP ULTIMATE LEAGUE with a MAXIMUM of THREE (3) non-active duty PER TEAM ROSTER

DOD I.D. cards must be presented prior to playing in any scheduled events. <u>Contractors must purchase a gym</u> <u>membership to be eligible to participate.</u>

Email: FTWO.MWR.Fitness@navy.mil

call: 817-782-1270

Fitness Center, Building 1810

#### How to register for a league in IMLeagues

Step 1 – Go to www.imleagues.com/fortworth

Step 2 – Click on "Create Account" in the top right of the screen Step 3 – Enter your information and then click on "Create Account"

IMLeagues.com will email you an account confirmation link

Step 4 – Confirm your IMLeagues account

Step 5 – Log into your IMLeagues account

Step 6 – Top right corner, click on "Get Involved"

#### For TEAM competitions

Step 7 – In the middle, click on the activity for which you wish to register
Step 8 – At the top right, click on "Create Team"
Step 9 – Enter Team name, logo (optional), and click on "Create Team"

Notes: Non-NMCI computers work better with this website. IMLeagues also has an app you can download for Apple or Android

If you need help, click on the IMLeagues Support link or contact Dom Falcinelli, MWR Sports Coordinator

dominic.k.falcinelli.naf@us.navy.mil