

## INFORMATION SHEET

# 2022 CAPTAIN'S CUP TUG-OF-WAR TOURNAMENT



**15 DECEMBER at 0800 at Football Field**

**Registration Deadline: 12 December at 1800**

Register at [www.IMLeagues.com/FortWorth](http://www.IMLeagues.com/FortWorth)

Check-in and Warm-Up: 15 December at 0730

Requirements:

- Online Team Registration
- Team Roster completed at check-in
- Individual Participant Liability Waivers due at check-in

Awards: Captain's Cup T-Shirts

Rules & Format:

- 8 per team
- Up to 3 members per team may be non-active duty
- MWR provides official rope
- No cleats or spiked shoes
- Double-elimination tournament
- No limit to number of teams per command
- **Must have at least one team from at least 4 different commands in order to have this event**

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The Captain's Cup Sports Program is established for **active duty personnel and ready reservists** to represent their present unit/department/command in a series of sports and activities throughout the year.

**Non-active duty** (active and reservist dependents aged 16 and over, retirees, GS employees, DOD and permanent contracted personnel onboard NAS Fort Worth JRB, including tenant commands, units, staffs and departments) are also allowed to participate in CAPTAIN'S CUP CORN HOLE TOURNAMENT with a MAXIMUM of one (3) non-active duty PER TEAM

DOD I.D. cards must be presented prior to playing in any scheduled events. Contractors must purchase a gym membership to be eligible to participate.

Email: [FTWO.MWR.Fitness@navy.mil](mailto:FTWO.MWR.Fitness@navy.mil)

call: 817-782-1270

Fitness Center, Building 1810

## **How to register for a league in IMLeagues**

Step 1 – Go to **[www.imleagues.com/fortworth](http://www.imleagues.com/fortworth)**

Step 2 – Click on “Create Account” in the top right of the screen

Step 3 – Enter your information and then click on “Create Account”

*IMLeagues.com will email you an account confirmation link*

Step 4 – Confirm your IMLeagues account

Step 5 – Log into your IMLeagues account

Step 6 – Top right corner, click on “Get Involved”

### **For TEAM competitions**

Step 7 – In the middle, click on the activity for which you wish to register

Step 8 – At the top right, click on “Create Team”

Step 9 – Enter Team name, logo (optional), and click on “Create Team”

Notes: Non-NMCI computers work better with this website. IMLeagues also has an app you can download for Apple or Android

If you need help, click on the IMLeagues Support link or contact Dom Falcinelli, MWR Sports Coordinator